**SSDI Trial Work Period Tracking Chart**

The Trial Work Period (TWP) allows SSDI beneficiaries to test their ability to work for at least 9 months, without affecting benefits. During the TWP, beneficiaries receive full benefits, regardless of how high their earnings are.

* SSA currently allows nine months of trial work
* The months do not have to be consecutive and are counted within a rolling 60-month period

**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**DOB: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ SSN: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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| --- | --- | --- | --- | --- |
| **Month/Year** | **Gross Earned Income** | **Trial Work Month (yes/no)** | **SSDI Cash Beneﬁt** | **Total Income** |
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For a month to count as a “trial work month,” gross earnings must be over a certain threshold, which is revised by SSA each year:

* 2023 = $1,050/month
* 2022 = $970/month
* 2021 = $940/month
* 2020 = $910/month
* 2019 = $880/month
* 2018 = $850/month