# **SOAR Enhances Recovery by**

## **Providing a Pathway to Employment**

### Work is a Critical Step in the Recovery Process

Working is a critical step in recovery for people with serious mental illness.



66% of people with serious mental illness want to work<sup>1</sup>

Only 15% of people with serious mental illness are working<sup>2</sup> Competitive employment through Individual Placement and Support (IPS) leads to increased income, improved self-esteem, improved quality of life, and reduced symptoms Approximately 40% of clients who obtain a job with help from IPS become steady workers and remain competitively employed<sup>3</sup>



## Benefits and Employment Integration Increases Housing Stability

Maximizing income supports through an integration of benefits and employment increases housing stability for people with serious mental illness.



#### SOAR Employment Resources

SAMHSA SOAR TA Center employment resources for case workers:

- 2 issue briefs
- 2 webinars
- 11 articles
- 8 blogs





# SOAR and IPS Integration Pilot

Through the Integration Pilot, programs offered client service assessments for both the SOAR and IPS model

- 1-year pilot
- 12 states engaged in pilot
- 75% of clients chose to enroll in both services<sup>4</sup>



#### SOAR Employment Outcomes

Based on outcomes reported in the SOAR Online Application Tracking system:

- Clients had an average earning of \$280/month while applying<sup>5</sup>
- Clients had an average earning of \$329/month post-approval<sup>6</sup>



## SOAR Links Disability Benefits to Employment, Enhancing Outcomes

Individuals with serious mental illness can work while applying for and receiving Social Security Disability benefits. Myth busting and benefits planning are essential elements of community efforts.

# Encourage Work From the Start

Employment Conversation Guide

#### Integrate Services Whenever Possible

Resources from the SOAR and IPS Integration Pilot

# Utilize Social Security Work Incentives

Yes, You Can Work flier and SOAR and Employment Issue Brief

## References

- 1 Frounfelker RL, Wilkniss SM, Bond GR, Devitt TS, Drake RE. Enrollment in supported employment services for clients with a co-occurring disorder. *Psychiatric Services* 2011;62:545-547.
- 2 Rosenheck RA, Leslie D, Keefe R, et al. Barriers to employment for people with schizophrenia. *American Journal of Psychiatry* 2006;163:411-417.
- 3 Bond GR, Kukla M. Is job tenure brief in Individual Placement and Support (IPS) employment programs? *Psychiatric Services* 2011;62:950-953.
- 4 SAMHSA SOAR TA Center. "Cooperative Agreements to Benefit Homeless Individuals (CABHI): SSI/SSDI Outreach, Access, and Recovery (SOAR) and Individual Placement and Support (IPS) Integration Pilot and Learning Community Final Report." September 22, 2017.
- 5 Outcomes data reported in the SOAR Online Application Tracking (OAT) program. https://soartrack.prainc.com/ Summary report pulled on April 18, 2018.
- 6 Ibid.